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MEMORANDUM

To: Interested Parties
From: DMH Regulations
Date: June 25, 2018
Re: Notice of Final Promulgation – 104 CMR 29.00

The Department of Mental Health has filed for final promulgation amendments to the following regulation:

104 CMR 29.00 - [Application for DMH Services, Referral, Service Planning, and Appeals](#)

On July 1, DMH is issuing revised service authorization regulations (104 CMR 29.00) that will allow young adults to be authorized for services using Child, Youth, and Family (CYF) criteria until their 22nd birthday. The purpose of this change, which we've named "Reframe the Age," is to provide flexibility in meeting the service needs of young adults as they transition into adulthood. Service planning for young adults 18 through 21 will now consider the person's need for services from either CYF or adult Mental Health Services (MHS), making it possible to draw on the resources of both the youth serving and adult serving systems to meet young adults' individual needs. The new regulations also recognize that some young adults will transition to adult DMH services at age 22, while others will transition to services outside of DMH. Transition planning is an ongoing process and reflects the evolving needs and competencies of young adults.

The revised regulations will be published in the Massachusetts Register on June 29, 2018, and will be effective on that date. Unofficial copies of the revised regulations can be found on the DMH website, under the link for Proposed Regulations. The links under DMH Regulations will be updated when the regulations are published.

Other highlights of the revised regulations are as follows:

- Update the terminology for DMH clinical criteria to incorporate adoption of the *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition* (DSM 5) published by the American Psychiatric Association.
- Clarify service authorization for individuals with dual-diagnoses, particularly substance use disorders and autism spectrum disorders.
- Establish a category of short-term services that can be provided to assist clients in achieving specific, identifiable goals without need for a full service authorization process, or while an application for service authorization is pending.
- Clarify processes and criteria for service authorization, service planning and appeal.

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- Update language to reflect principles of strength-based, consumer-centered services.
- Establish a Massachusetts residency requirement for service authorization.

We believe these revised regulations make significant improvements in DMH's service authorization and planning processes for the entire community we serve. Questions about the regulations should be directed to your local DMH Area Office or to the DMH Central Office at dmhinfo@massmail.state.ma.us